Multiscale computational modeling of cardiac arrhythmogenesis

Trine Krogh-Madsen Dept. Medicine (Cardiology) *and* Institute for Computational Biology

Cardiac arrhythmias





Sudden cardiac death: ~300,000 deaths/year

Ventricular tachycardia

- Rapid activation
- May impair pumping
- May degenerate to VF

Ventricular fibrillation

- Loss of synchronous activation
- Syncope, death

- How do cardiac arrhythmias initiate?
- How are they sustained?
- What can we do to prevent their occurrence?
- How can we terminate them?





Initiation

Structural heterogeneity



Bill Stevenson, KITP seminar, 2006.



F. Netter, 1978



Wave propagating in presence of dense scar



Wave propagating in presence of scar with viable, but damaged, tissue within scar



Wave propagates around, but not into, scar



Wave propagates around, and into, scar





Wave propagates through scar slowly because the tissue is poorly coupled







Waves from either side of the scar merge and propagate beyond scar



Waves from either side of the scar merge and propagate back into scar (excitable waves propagate into any tissue that is viable and non-refractory)





The two intra-scar waves, flowing in opposite directions, annihilate one another. No reentrant rhythm occurs.





Now let's examine what can happen when an *ectopic beat* occurs at the "wrong place and wrong time".





Because the slow conduction zone can also lengthen refractory period, the ectopic wave can block by running into the tail of the preceding wave









































Maintenance

Reentry: anatomical or functional

20 mm



Davidenko et al., Nature, 1992.

Break-up: tachycardia to fibrillation





thevirtualheart.org

Multiscale phenomena



Action potential generation

Java

Cardiac action potentials

- Upstroke of ventricular AP is Na⁺ mediated.
- At the peak, Ca²⁺ channels open, causing an inward current that prolongs AP (plateau).
- Ca²⁺ influx triggers additional Ca²⁺ release from the sarcoplasmic reticulum..
- Cytoplasmic Ca²⁺ produces muscle contraction.
- Cardiac cells have many different types of K⁺ channels.



Computational modeling at the single cell level



13 state variables and ~60 parameters

courtesy of R. Gilmour

Computational modeling at the single cell level



Computational modeling at the single cell level Activation and inactivation

$$\begin{array}{ccc} & \beta(V) \\ x & \overleftrightarrow{} & 1-x \\ & \alpha(V) \end{array}$$

ODE for gating variable $dx/dt = \alpha_x(1-x) - \beta_x x$ $= -(\alpha_x + \beta_x)x + \alpha_x$ $= (x_\infty - x)/\tau_x$

where

$$x_{\infty} = \alpha_{x} / (\alpha_{x} + \beta_{x})$$

$$\tau_{x} = 1 / (\alpha_{x} + \beta_{x}).$$



Computational modeling at the single cell level

Solution for constant V: (think voltage clamp)

$$dx / dt = (x_{\infty} - x) / \tau_x$$

$$1/(x_{\infty} - x) dx = 1/\tau_x dt$$

$$\int_{x_0}^x 1/(x_{\infty} - x') dx' = \int_0^t 1/\tau_x dt'$$

$$\left[-\ln(x_{\infty} - x')\right]_{x_0}^x = t / \tau_x$$

$$\ln \frac{x_{\infty} - x}{x_{\infty} - x_0} = -t / \tau_x$$

$$\frac{x_{\infty} - x}{x_{\infty} - x_0} = \exp(-t / \tau_x)$$

$$x = x_{\infty} - (x_{\infty} - x_0) \exp(-t / \tau_x)$$



Single-channel modeling: Markov model Beyond Hodgkin-Huxley



- May be based on channel structure
- Gates not necessarily independent
- May reproduce experimental data better than HH

Three-dimensional virtual cardiac tissue



Why use computational modeling for cardiac electrophysiology?

- Rodent cardiac myocytes have fundamentally different channel expression levels (especially repolarizing currents). Therefore, transgenic models are not appropriate.
- Modeling allows one to monitor each component simultaneously – not possible in experiments.
- Dynamics can be observed at resolutions that are unattainable experimentally or clinically.
- It is often faster and cheaper to do so.



Multiscale modeling example: single-channel noise



Excised patch







Unitary events add up to give the macroscopic current.



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- 1/3 of all strokes over age 65
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Clinical/exp observations:

- "AF begets AF"
- electrical and structural remodeling



Courtemanche et al., Cardiovascular Research, 1999.





Model: can separate ionic vs. structural remodeling



Sudden cardiac death: Treatment, prevention, termination

Pharmacological treatment (prevention)

- β-blockers
- ion channel blockers have *increased* mortality in some trials



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- not always accessible



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External defibrillation

- not always accessible

Implantable cardioverter defibrillator

- therapy of choice for many patients
- expensive



Alternans and its control

repolarization alternans repolarization gradients conduction block tachyarrhythmias



Pastore et al., Circulation, 1999

Basic concept: eliminate alternans by applying (small) electrical stimuli at well-timed intervals

$$BCL_{n+1} = \begin{cases} BCL^{\star} & \text{for } \Delta BCL_{n+1} > 0, \\ BCL^{\star} + \Delta BCL_{n+1} & \text{for } \Delta BCL_{n+1} \le 0, \end{cases}$$

$$\Delta BCL_{n+1} = \frac{\gamma}{2} (APD_{n+1} - APD_n),$$



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Alternans control works well is single cells but is only effective over ~1 cm in tissue.

purkinje fiber



microelectrode: 654321





Christini et al., Physical Review Letters, 2006

CorCap Cardiac Support Device: prevent and reverse dilation; add electrode grid?

Off-site alternans control

purkinje fiber



Use data from remote site to control alternans there

Krogh-Madsen et al., Physical Review E, 2010



Microelectrode Number

Microelectrode Number

Use off-site control to eliminate alternans where it's amplitude is large?







Pastore et al., Heart Rhythm Journal, 2006 Krogh-Madsen & Christini, Biophysical Journal, 2007

Pacing-induced termination of reentry



Implantable Cardioverter Defibrillator (ICD)

Antitachycardia pacing therapy



Defibrillation therapy



Ventricular Fibrillation

Defibrillation Shock

VVI Pacing Pulses



ICDs - engineering advances

- Size reduction; longevity increase.
- Arrhythmia detection improvement reduction in false shocks, reducing pain and chronic anxiety.

ICDs - arrhythmia termination improvement

Works in 85-90% of attempted trials

Incorporation of understanding of arrhythmia nonlinear dynamics into termination strategies:

- Can we come up with better pacing algorithms for ATP?
- Even a small improvement would positively effect tens of thousands

Unidirectional block



Boersma et al., Circulation, 1993 Why do more stimuli work better than one?

Dynamical instability?

By exploiting such instability can we increase efficacy of pacing-induced termination?

Spatial gradient in recovery time (DI) causes unidirectional block





Spatial gradient in recovery time (DI) causes unidirectional block





Spatial gradient in recovery time (DI) causes unidirectional block





Vulnerable window for unidirectional block (1-2 ms) $\partial DI/\partial x < 0 \implies block$ in the anterograde direction $\partial DI/\partial x > 0 \implies block$ in the retrograde direction

Analytical approach

Map model: APD and CV are functions of previous DI



Predictions

- the direction in which block occurs may alternate
- $\partial DI/\partial x$ may be amplified for short coupling intervals
- the window of unidirectional block may increase for short coupling intervals

Krogh-Madsen & Christini, Physical Review E, 2009

Numerical approach

Cable equation with periodic boundary conditions



I_{ion} described by coupled ODEs





Shiferaw et al., Physical Review E, 2005.

Aggressive ramp pacing



Ramp pacing



Burst pacing



Take-home message

Cardiac modeling is fun and worthwhile and useful for studying many types of problems using different models ranging from very simple (e.g., threshold dynamics) to highly complex (e.g., 3D anatomical).